

Media Contacts

Miraval Arizona
Alisha Mahon
520.825.4975
amahon@miravalresort.com

PATRICIA STONESIFER JOINS MIRAVAL BOARD OF DIRECTORS

July 19, 2010 (Tucson, AZ) – [Miraval](#), the healthy living company and top-rated [destination spa resort](#) located in Tucson, today announced that Patty Stonesifer, Chairman of the Smithsonian Institution's Board of Regents and former CEO of the Bill & Melinda Gates Foundation, has joined Miraval's Board of Directors. This addition brings the Miraval board of directors to eight members, which also includes AOL Co-founder Steve Case, Cathie Black, Chairman of Hearst Magazines, and Philippe Bourguignon, Miraval Chairman and CEO and former CEO of EuroDisney and ClubMed, among others.

"Patty brings a wealth of experience, insight and leadership that will be invaluable to our Board," said Bourguignon. "She will play an integral role in guiding Miraval's expansion to more destinations, making our experiences even more accessible, meaningful and more a way of life."

"While Miraval is best known as one of the world's greatest spas and resorts, for many it is better known as a life-changing experience," said Stonesifer. "I look forward to being an active Board member as we seek to expand the brand, continue to be an innovative leader in the industry and, most importantly, continue to deliver all that makes Miraval so special."

Stonesifer serves as a private philanthropic advisor; Chair of the board of regents of the Smithsonian Institution and Senior Advisor to the Bill & Melinda Gates Foundation. In addition to her work in philanthropy, she serves on the board of directors of Amazon.com, The Broad Institute and The Center for Global Development. Prior to her role at the Bill & Melinda Gates Foundation, Stonesifer was a senior vice president at Microsoft. Patty is a board member of the Academy of Arts & Sciences and the Council on Foreign Relations. Stonesifer has also served on the U.S. delegation to the United Nations General Assembly Special Session on AIDS.

In July 1996, Stonesifer was named as one of the 25 Most Influential People in America by *Time* magazine.

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Miraval continues to lead the way with **new, innovative programming** and in-depth explorations from world-renowned specialists, all designed to help guests recharge, relax, and transform their lives. New programs were introduced this summer including, new fitness classes such as **Native American Yoga** and **Cardio Drumming**; an **Artist in Residence** program which features visiting musicians, painters and sculptors; and new **fusion spa treatments** that combine services such as Thai massage, acupuncture and cranio-sacral therapy.

The new **Andrew Weil, M.D. Integrative Wellness Program** will debut in August and will give participants practical knowledge, skills and experiences to help them take charge of their health. This ground-breaking program will be led by Dr. James Nicolai and Miraval guests will have the opportunity to experience three variations of the program.

For more details about Miraval Arizona please call **800.232.3969** or visit www.miravalresorts.com.

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