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**MIRAVAL ARIZONA TO HOST RETREAT DEDICATED TO THOSE  
WHO HAVE LOST LOVED ONES TO SUICIDE  
- Three day retreat to feature special guest Judy Collins -**

**September 8, 2010 (Tucson, AZ)** – [Miraval Arizona](#), the top-rated [destination spa](#) located in Tucson, today announced the launch of the first annual [Touched by an Angel: Sisterhood of Survivors](#) retreat to be held February 3 - 6, 2011, designed to help heal those who have lost a loved one to suicide.

Suicide can be devastating for those left behind. With the joint effort of founder Lauren Stone, Miraval and [SpaFinder](#), the Touched by an Angel: Sisterhood of Survivors retreat was created to recognize the beautiful aspects of lost loved ones and to touch each other's lives as living angels to help one another. The retreat is ideal for those past the crisis stage of grieving with hopes of creating a shared experience for those who seek a new network of strength and support.

"Miraval is the perfect setting to connect, share stories, grieve and heal both individually and together," said **Michael Tompkins, Vice President and General Manager of Miraval**.

Having lost her mother Debbie Simon to suicide, founder Lauren Stone sought support from others whose lives had been impacted by the loss of a mother or loved one to suicide. In her grief, Lauren found an initial support network, then looked to create a more enveloping retreat to bring together fellow survivors for a dedicated period of healing and togetherness. "This retreat will create an encircling of support set in the abundance of nature, providing grounding through the spiritual and outdoor experiences that Miraval is so well known for," said Stone.

The three day retreat will feature lectures, fitness and spa activities, as well a session with special guest speaker Judy Collins.

All-inclusive rates of \$539 pp/night double occupancy and \$599 pp/night single occupancy are for the specified group only, for the event weekend of February 3 - 6, 2011 in a Deluxe room category. Higher rates apply for higher room categories. All stays are exclusive of tax and resort amenities fees.

For more details about the Touched by an Angel: Sisterhood of Survivors retreat please call **800.232.3969** or visit [www.miravalresorts.com](http://www.miravalresorts.com).

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