

TRAVEL + LEISURE

2022

World's Best Awards





DESTINATION SPAS

Wellness retreats are booming as travelers continue to prioritize their mental and physical health. This year, that meant an emphasis on spas with outdoor offerings that encourage guests to reconnect with nature—and themselves.

NO. 1 INTERNATIONAL DESTINATION SPA

Rancho La Puerta is set on 4,000 acres of gardens, meadows, and mountains in Baja California, Mexico.

TOP 15 DOMESTIC SPAS

- The Ranch Holiba**
California \$3.66
Readers in search of a health reset swear by this endeavor's goal-oriented fitness regimens and plant-based cuisine. A supportive staff goes the extra mile to ensure stays are both invigorating and restorative.
- Ten Thousand Waves**
Santa Fe, New Mexico \$2.75
- Shou Sugi Ban House**
Water Mill, New York \$2.73
- Sensei Lanai, a Four Seasons Resort**
Hawaii \$2.00
- Divana Wellness Resort & Spa**
Carefree, Arizona \$1.79
- Miraval Arizona**
Tucson, Arizona \$1.63
- Canyon Ranch Tucson**
Arizona \$1.52
- Mii Awa**
Sedona, Arizona \$1.48
- Lake Austin Spa Resort**
Austin, Texas \$0.90 *
- The Lodge at Woodloch**
Hawley, Pennsylvania \$0.57 *
- Miraval Austin**
Texas \$8.75
- Indian Springs Resort**
Calaletaga, California \$8.74
- Canyon Ranch Lenox**
Massachusetts \$8.38
- Two Bunch Palms**
Desert Hot Springs, California \$8.17
- Ojo Caliente Mineral Springs**
Ojo Caliente, New Mexico \$7.13

TOP 5 INTERNATIONAL SPAS

- Rancho La Puerta**
Tecate, Mexico \$5.76 *
- She Wellness Clinic**
El Albir, Spain \$5.20
- Terme di Saturnia**
Saturnia, Italy \$4.13
- Mountain Trek Fitness Retreat & Health Spa**
Alinworth Hot Springs, British Columbia \$3.26
- Chablí Maroma**
Punta Maroma, Mexico \$3.50