



The Best Spas in Austin for Rest & Relaxation

By Emerson Taylor
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After a busy week of live music, happy hours and dodging the summer heat, escape to an Austin spa oasis for relaxation and pampering. From CBD facials to Thai massages, check out our top spa destinations below.



Photo courtesy of Fairmont Austin

Fairmont Spa Austin

101 Red River St.

Home to a saline soaking pool, European dry heat sauna and eucalyptus steam grotto, Austin's Fairmont Spa gives guests the best of both worlds with striking floor-to-ceiling overlooks of the Austin skyline and views of the unbeatable Texas sunset over Palm Park. Now open seven days a week from 10 a.m. to 6 p.m., you can treat yourself to their signature services at your own convenience.



Photo courtesy of milk + honey

milk + honey

100 Guadalupe St.

An Austin-born and bred luxury spa and retreat, milk + honey is the ideal spot to treat yourself or a loved one to a full-body experience of relaxation and healing. Since its launch in 2006, founder and Austinite Alissa Bayer has offered a full range of luxurious treatments ranging from deep-tissue massages to HydraFacials and all-natural manicures. Invest in yourself and prioritize your wellness with one of their many treatments sourced from hyper-clean, organic ingredients.



Photo courtesy of Omni Barton Creek Resort & Spa

Omni Barton Creek

8212 Barton Club Dr.

Nestled among the lush trees of Austin's Hill Country, Omni Barton Creek is the perfect weekend getaway for city-goers looking to unwind. This 13,000-square-foot spa, complete with a heated whirlpool and an exhaustive list of facial and body treatments, will have you forgetting that you're just minutes from bustling downtown.



Photo courtesy of Viva Day Spa

Viva Day Spa

1811 W. 35th St.

Co-founded by a trio of female best friends, Viva Day Spa's three fabulous Austin locations offer customizable massage and facial services catered to your specific needs. Not only are guests able to enjoy alone time, but Viva offers group packages for bachelorette parties, birthday parties or baby showers with a relaxation lounge, warm neck pillows and white wine or hot tea.



Photo by Molly Culver

Hiatus Spa + Retreat

1611 W. 35th St.

After undergoing a recent remodel, this future-friendly Texas favorite is complete with new countertops, fresh upholstery and an updated nail therapy lounge with zero gravity chairs and a skin-quenching hydrotherapy room. Serving the people of Austin for over 10 years, Hiatus invites guests to relax and recover with their extensive menu of treatments to revive themselves after a late night.



Photo by James Baigrie

Miraval Austin Resort & Spa

13500 FM-2769

This spiritual oasis is the ideal destination for spa-goers looking for an extraordinary experience. Miraval goes above and beyond with acupuncture services, Thai massages and crystal energy treatments that will cultivate a life of balance and encourage guests to engage in the present moment. A digital-free environment and supporter of the [National Alliance on Mental Illness](#), Miraval is a hub for bright minds and deep souls to connect and share.



Photo by Brandon Hill

Spa Sway

11011 Domain Dr., Ste. 124

Female-owned and founded, Spa Sway believes that **prioritizing mental and physical health** should be a standard practice. Focusing on creating healing-based wellness routines that stand the test of time, guests can choose from over 25 facial and body treatments at an affordable price. Spa Sway prides itself on being constantly informed on new breakthroughs in the treatment space, ensuring clients will receive nothing less than the best.



Photo courtesy of Lake Austin Spa & Resort

Lake Austin Spa Resort

1705 S. Quinlan Park Rd.

When diamonds and gold are featured on the facial menu, you know you're in for a **day of luxury**. Located 30 minutes from downtown, Lake Austin delivers a world-renowned rejuvenation experience powered by innovative technology that specializes in anti-aging and hydration backed by science. Whether you decide to devote your afternoon or opt for an overnight stay, serene swimming pools and Swedish massages anxiously await your arrival.



Photo courtesy of W Austin

AWAY Spa

200 Lavaca St.

An avant-garde perspective on spa culture, AWAY Spa takes a contemporary and imaginative approach to make you look and feel good from the inside-out. Whether you try out their High and Dry CBD-infused body massage with exfoliating dry brushing or the Rainey Street Wrap to lock in full-body hydration, guests can expect an experience that will take them from serenity to social hour in no time.



Photo by Genevieve Daniell

eleMINT Skin Health & Wellness Studio

1105 E. 6th St.

Located in the heart of East Austin, eleMINT's accessible beauty treatments are redefining the spa experience. Custom-blended facials designed to restore your skin's natural glow are made **with plant-powered ingredients** chosen specifically to cater to your needs, so no two experiences are ever the same. Founder Shauntavia Ward and her team of experts are passionate about changing lives by restoring confidence, one treatment at a time.