

	TIME	EXPERIENCE TITLE
<b>SUNDAY</b> <i>February 16</i>	1:00-1:45 pm	Artisanal Taco
	2:30-4:00 pm	Forge a Fire with S'mores
	3:00-4:15 pm	Appreciating Chocolate
	5:00-5:50 pm	Painting in Perspective
	6:00-8:00 pm	Just Cook with Me
<b>MONDAY</b> <i>February 17</i>	9:00-9:50 am	Maple Syrup Meander
	9:00-9:45 am	Blend 'N' Balance Smoothies
	10:00-10:40 am	Clean Cleansing in the Spa
	11:00 am-12:45 am	Creating with Clay
	11:00-11:40 am	Exfoliation Station in the Spa
	12:00-1:15 pm	Creative Cupcakes
	1:00-2:30 pm	Donkey Discovery
	3:00-3:50 pm	Healthy Snacking
	4:00-5:30 pm	Forge a Fire with S'mores
5:00-6:15 pm	Appreciating Chocolate	
<b>TUESDAY</b> <i>February 18</i>	8:00-8:45 am	Create Your Own Juice
	9:00-9:45 am	Kickboxing
	11:00-11:45 am	Meditation with Music
	1:00-1:40 pm	Clean Cleansing in the Spa
	1:00-2:50 pm	Eco-Printing with Plants
	1:00-2:15 pm	Pasta A Mano
	2:00-2:40 pm	Exfoliation Station in the Spa
	3:00-3:25 pm	Yoga for Laughter
	4:00-4:45 pm	In a Nutshell
6:00-8:00 pm	Just Cook with Me	
<b>WEDNESDAY</b> <i>February 19</i>	8:00-8:45 am	Blend 'N' Balance Smoothies
	9:00-9:45 am	Cardio Drumming
	10:00-11:20 am	The Authentic Mask: Express Your Inner Self
	1:00-1:45 pm	Dry Styling in the Spa
	1:00-1:45 pm	Chicken Challenge
	1:00-2:00 pm	Soup From Scratch
	2:00-2:45 pm	Hair Aware in the Spa
	2:30-3:00 pm	Spice It Up
	3:00-3:50 pm	Botanical Beauty in the Spa
	3:00-4:30 pm	Forge a Fire with S'mores
	4:00-4:50 pm	Healthy Snacking
6:00-8:00 pm	Just Cook with Me	
<b>THURSDAY</b> <i>February 20</i>	8:00-8:45 am	Create Your Own Juice
	9:00-9:45 am	Meditation with Music
	10:00-10:45 am	Cardio Drumming
	11:00-11:50 am	Master Secrets of a Blowout in the Spa
	12:00-12:45 pm	Dry Styling in the Spa
	12:00-1:15 pm	Creative Cupcakes
	1:00-1:50 pm	Botanical Body in the Spa
	1:00-2:30 pm	Forge a Fire with S'mores
	3:00-3:50 pm	Seed Circle
	3:00-4:30 pm	Sourdough Bread Basics
<b>FRIDAY</b> <i>February 21</i>	8:00-8:50 am	Animal Tracking
	10:00-10:45 am	Blend 'N' Balance Smoothies
	10:00-10:45 am	Cardio Groove
	11:00 am-4:00 pm	Make-Up Mini Applications in the Spa
	12:00-12:45 pm	Artisanal Tacos
	1:00-2:45 pm	Creating with Clay
	3:00-4:15 pm	Appreciating Chocolate
	3:00-4:30 pm	Forge a Fire with S'mores
	4:30-5:15 pm	Make-Up Masterclass in the Spa
	5:00-5:30 pm	Spice It Up
7:00-9:00 pm	Just Cook with Me	
<b>SATURDAY</b> <i>February 22</i>	8:00-8:45 am	In a Nutshell
	9:00-9:50 am	Maple Syrup Meander
	11:00 am-4:00 pm	Mini Make-Up Applications
	1:00-2:30 pm	Forge a Fire with S'mores
	1:30-2:45 pm	Pasta A Mano
	4:00-4:45 pm	Blend 'N' Balance Smoothies
	4:00-4:45 pm	Power of Positive Breath
6:00-8:00 pm	Just Cook with Me	

*\*Schedule subject to change. Programming above is reserved for families to experience Miraval Berkshires together. Please book with an Experience Planner.*