

FAMILY CONNECTION WEEK 2026

family class schedule

	TIME	EXPERIENCE TITLE
SATURDAY <i>February 14</i>	1:00-1:50	Zumba
	3:00-4:15	Forge a Fire with S'mores
	4:00-4:50	Nailed It! \$
	4:00-4:45	Healthy Snacking
SUNDAY <i>February 15</i>	8:00-8:50	Spirit of the Saber
	10:00-11:30	Donkey Discovery
	10:00-10:50	Exfoliation Class
	1:00-1:50	Nature's Muse
	1:00-4:00	Cleanse & Consult \$ (20 min sessions)
	3:00-4:15	Forge a Fire with S'mores
	6:00-7:30	Plant Based BBQ
MONDAY <i>February 16</i>	8:00-8:45	Meditation with Music
	10:00-10:50	Chicken Challenge
	10:00-10:50	Glow & Know
	11:00-11:45	In a Nutshell
	1:00-1:50	Postcards of Presence
	3:00-3:45	Blend & Balance Smoothies
	3:30-4:20	Maple Syrup Meander
	6:00-7:30	Artisanal Tacos
TUESDAY <i>February 17</i>	8:00-8:50	Animal Tracking
	10:00-10:50	Mini Terrarium
	10:00-10:45	Spice It Up
	11:30-12:20	Exfoliation Class
	12:00-1:30	Soups From Scratch
	1:00-1:50	Authentic Mask
	3:00-4:15	Forge a Fire with S'mores

	TIME	EXPERIENCE TITLE
WEDNESDAY <i>February 18</i>	8:00-8:45	Morning Stretch
	10:00-10:50	Beginner's Mind Mala Bracelet
	1:00-1:50	Gong Yoga
	2:00-5:00	Afternoon Tea
	2:00-3:15	Cleanse & Consult \$ (20 min sessions)
	3:00-4:15	Forge a Fire with S'mores
THURSDAY <i>February 19</i>	8:00-8:45	Gratitude Meditation
	10:00	Equine Meditation
	10:00-10:50	Lotions & Potions
	11:00-11:50	Glow & Know
	12:00-1:00	Soups from Scratch
	1:00-1:45	The Language of Flowers: Floriography
	2:00-2:50	Exfoliation Class
	3:00-4:15	Forge a Fire with S'mores
	4:00-4:45	Healthy Snacking
	6:00-7:30	Sourdough Foccacia
FRIDAY <i>February 20</i>	8:00-8:45	Qigong
	8:00-8:45	In a Nutshell
	10:00-11:30	Donkey Discovery
	10:00-10:45	Blend & Balance Smoothies
	10:00-5:00	Luminous Lips & Lids \$ (20 min sessions)
	12:00-1:15	Appreciating Chocolate
	1:00-1:50	Flower Mandalas
	3:00-4:15	Forge a Fire with S'mores
	3:00-4:30	Sauces
	4:00-4:50	Nailed It! \$
SATURDAY <i>February 21</i>	6:00-7:30	Pasta A Mano
	8:00-8:50	Spirit of the Saber
	9:00-9:50	Lotions & Potions
	10:00-10:50	Beginner's Mind Mala Bracelet
	10:00-11:30	Brunch Essentials
	1:00-1:50	Zumba
	4:00-5:00	Family Salsa
	6:00-7:30	Artisanal Tacos
SUNDAY <i>February 22</i>	12:00-1:15	Appreciating Chocolate
	3:00-3:45	Spice It Up