

SPA PRICING MENU

Life In Balance Spa

Hours 8:30 AM - 9:00 PM

Please plan to arrive at the spa 10-15 minutes prior to the scheduled treatment start time on your itinerary.

Late arrivals will end at the scheduled time.

Spa treatments are non-refundable for cancellation and changes 4 hours prior to the treatment start time.

We ask that you cancel your appointments when you are experiencing cold or flu like symptoms.



SERVICE	TIME	PRICE
SALON - MANICURE & PEDICURE		
Cold Stone & Clay Manicure <i>including prenatal</i>	50 min	\$95
Cold Stone & Clay Pedicure <i>including prenatal</i>	50 min	\$110
Express Manicure <i>including prenatal</i>	20 min	\$65
Express Pedicure <i>including prenatal</i>	20 min	\$70
French Polish <i>add on for Mani/Pedi</i>	-	\$25
Manuka Honey Manicure <i>including prenatal</i>	50 min	\$85
Manuka Honey Pedicure <i>including prenatal</i>	50 min	\$100
Shellac Removal <i>add on for Mani/Pedi</i>	-	\$30
Sonoran Monsoon Manicure	50 min	\$85
Sonoran Monsoon Pedicure	50 min	\$100
Sweet Birch & Stone Manicure	50 min	\$95
Sweet Birch & Stone Pedicure	80 min	\$155

SERVICE	TIME	PRICE
SALON - HAIR		
Bang Trim	25 min	\$35
Beard/Mustache Trim	25 min	\$35
Color	80 min	\$175
Clipper Cut	25 min	\$50
Highlighting	80 min	\$190
Mindful Hair & Scalp Renewal	80 min	\$215
Shampoo, Cut, Style - Short	50 min	\$95
Shampoo, Cut, Style - Long	80 min	\$135
Styling Treatments - Short	50 min	\$85
Styling Treatments - Long	80 min	\$125

Resort credit can be applied to any spa service. Contact Spa Concierge at ext. 4510 to book your experience.

SERVICE	TIME	PRICE
SKIN CARE - ENHANCEMENTS		
Alpha Beta Professional Peel	-	\$65
Dermaflash Enhancement	-	\$75
Knesko Face Mask	-	\$60
Knesko Eye Mask or Lip Mask	-	\$30
** These enhancements can be added to a facial treatment at the time of service and will not extend the time length of the treatment **		

SERVICE	TIME	PRICE
SKIN CARE		
Anti-Oxidant Vibrancy Facial	50 min	\$215
Cara Dorada	80 min	\$360
Cara Vida	50 min	\$235
Dermaflash Express Facial	20 min	\$145
Essence of Miraval Facial <i>including prenatal</i>	80 min	\$355
Express Glow Facial <i>including prenatal</i>	20 min	\$145
Hydration Honey + Herbs <i>including prenatal</i>	50 min	\$275
Hydrafacial	50 min	\$335
Hydrafacial Express	20 min	\$175
Organic Facial <i>including prenatal</i>	50 min	\$215
Purifying Back Facial	50 min	\$215
Quantum Energy Face Treatment	50 min	\$275
Quantum Energy Face Treatment	80 min	\$335
Renew & Restore Facial	50 min	\$215
Sun Goddess Facial	50 min	\$215
Vitamin C Facial	50 min	\$215
Vitamin C Facial	80 min	\$325



SERVICE	TIME	PRICE
M A S S A G E		
Body in Balance	50 min	\$255
Body in Balance	80 min	\$355
Calming Hot Stone Massage	75 min	\$335
Focus Massage <i>including prenatal</i>	20 min	\$145
Juniper Leg & Foot	50 min	\$225
Miraval Deep Massage	50 min	\$225
Miraval Deep Massage	80 min	\$325
Miraval Grounding <i>including prenatal</i>	50 min	\$215
Miraval Relaxation Massage	50 min	\$210
Miraval Relaxation Massage	80 min	\$310
Neck & Scalp Massage <i>including prenatal</i>	20 min	\$145
Neuromuscular Massage	20 min	\$165
Neuromuscular Massage	50 min	\$270
Neuromuscular Massage	80 min	\$370
Peaceful Sleep	50 min	\$235
Prenatal Massage	50 min	\$210
Sacred Sounds Massage	50 min	\$225
Sweet Slumber Massage	80 min	\$315
Tavasya	100 min	\$395
Tula <i>including prenatal</i>	80 min	\$335

SERVICE	TIME	PRICE
B O D Y R E N E W A L R I T U A L S		
Abundance	75 min	\$325
Desert Sage Body Polish	50 min	\$245
Detox & Firm	100 min	\$395
Ginger Healer	75 min	\$335
Lemongrass Escape <i>including prenatal</i>	100 min	\$395
Prickly Pear Sugar Scrub <i>including prenatal</i>	50 min	\$245
Sonoran Monsoon	50 min	\$265

SERVICE	TIME	PRICE
A C U P U N C T U R E , E N E R G Y & E A S T E R N		
Acupuncture	50 min	\$215
Aqua Zen <i>including prenatal</i>	50 min	\$270
Ear Seeding * enhancement to acupuncture	~	\$35
Chi Nei Tsang	50 min	\$210
Craniosacral Therapy <i>including prenatal</i>	50 min	\$210
Energy of the Wolves	50 min	\$235
Jin Shou-Tui Na	50 min	\$265
Mother's Blessing <i>including prenatal</i>	20 min	\$135
Mother's Blessing <i>including prenatal</i>	50 min	\$215
Naga	50 min	\$275
Naga	80 min	\$385
Path of the Jaguar <i>including prenatal</i>	75 min	\$375
Qi Awakening	50 min	\$265
Qi Awakening	80 min	\$365
Qi Grounding	50 min	\$265
Qi Journey	80 min	\$355
Reflexology	50 min	\$210
Reiki <i>including prenatal</i>	50 min	\$210
Thai Foot & Leg	50 min	\$220
Thai Massage	50 min	\$245
Thai Massage	80 min	\$345
Vasudhara	50 min	\$305

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SERVICE	TIME	PRICE
A Y U R V E D A		
Abhyanga	50 min	\$225
Brahmi Charan	50 min	\$235
Brahmi Swedna	50 min	\$235
Pradhana Veda - the Ultimate Ayurveda	100 min	\$395
Rasayana Renewal Ritual	100 min	\$395
Rasayana Shirodhara	100 min	\$395
Shamana-Karma	75 min	\$325
Vendanta Mantra Meditation	75 min	\$270
Vendanta Mantra Meditation - Duet	75 min	\$325

P R E N A T A L S E R V I C E S

These services can be enjoyed throughout all stages of pregnancy:

- Prenatal Organic Facial
- Prenatal Essence of Miraval Facial
- Prenatal Hydration Honey + Herbs Facial
- Prenatal Craniosacral
- Prenatal Reiki
- Prenatal Mother's Blessing
- Prenatal Path of the Jaguar
- Prenatal Neck and Scalp Massage
- Cold Stone & Clay Manicure and/or Pedicure
- Express Manicure and/ or Pedicure
- Manuka Honey Manicure and/or Pedicure
- Prenatal Aqua Zen

In addition to the above these services can be enjoyed after the first trimester of pregnancy:

- Prenatal Massage
- Prenatal Focus Massage
- Prenatal Tula
- Prenatal Miraval Grounding
- Prenatal Lemongrass Escape
- Prenatal Prickly Pear Sugar Scrub